



## Steps to Achieve Authorization

**Purpose:** The purpose of the Training of Trainer Institute for Trauma-Responsive Authorization (ToT-TRIA) apprentice program is to help individuals develop a deeper knowledge related to trauma informed, responsive and resilience building practices for educators and to be ready to train providers in the future once they are authorized in Module 100. This intensive apprenticeship program is to support an individual to become authorized and to be able to support other providers in learning the foundations and strategies of trauma-responsive and resilience building practices in educational settings.

**Overall Activities:** Apprentices will participate in a series of trainings, activities and meetings designed to learn the content of module 100 and deepen their understanding and ability to train to the key trauma related concepts. Their Center for Optimal Brain Integration® mentor will lead the apprentices through a process that includes formal instruction, reflective conversation and experiential activities to become ready to independently train on the module. There will be several ToT (Training of Trainer) meetings, independent assignments such as reading and self-recorded practice, all with the intention of deepening knowledge about trauma and key resilience building strategies.

***This apprenticeship includes heavy content that may be triggering emotionally for some. It is recommended that you apply if you have not experienced any recent traumatic events and that you have done enough personal work to feel grounded and prepared to create a safe space for yourself and others. Authorization is NOT guaranteed. All activities are virtual.***

### Apprentice Trainers Activities:

- Attend 8 5-hour Training of Trainer (ToT) meetings.
- Attend and observe the full day of Module 100 provided by the mentor trainer.
- Read book chapters #1-6 and complete 8 reading reflections on the forms provided.
- Apprentice at the end of cohort trains on the full day Module 100.
- 1-Hour phone meeting with mentor trainer for technical support (30 minutes before and 30 minutes after training on Module 100).
- Apprentice trainer Self-Reflection Form on the end of the cohort presentation on Module 100.
- Up to 15-20 hours of preparation meetings and planning outside of scheduled meetings.

### Apprentice Trainer Milestones

Having reached the end of the cohort, an apprentice will have completed all required expectations.

- △ 8 Reading Reflection Forms (due before each ToT/CoP meeting)
- △ Attendance at 8 ToT/CoP meetings. 6 Hours total is permitted to miss for personal or professional emergencies with a make-up assignment due within 1 week.
- △ Attendance/presenting at two all day trauma module 100 trainings.



## STAGES OF TRAINER AUTHORIZATION

- △ Apprentice Trainer Self-Reflection Form on Module 100 (completed by the apprentice on their presentation of Module 100 at the end of year).
- △ 1-hour phone meeting with mentor trainer for technical support.
- △ Attend 10-15 hours of planning meetings for Module 100 for final presentation.
- △ Inviting up to 25 participants to attend their final module 100 presentation.
- △ Apprentices may not miss more than 6 hours of a ToT and cannot miss any of the Module 100 sessions. Missing an hour requires make-up homework but also may adversely impact authorization.

### Benefits of Authorization

1. You can train/coach on Module 100 for your organization as an employee or independently as a consultant and/or independent contractor.
2. You receive monthly Trainer Video TIPS (Trauma Informed Practices) from the Center for Optimal Brain Integration®.
3. You have access to technical support from COBI after authorization.
4. You are eligible to become authorized in other modules by COBI in the future. Module 100 is a pre-requisite to the other modules in the series.
5. You will become a part of a national cohort authorized to train in trauma-responsive and resilience building practices.
6. Most importantly, you will have the knowledge and foundation required to support others AND to help so many in your community by spreading the light of healing and hope to those who have lost their voice and that have been adversely impacted by toxic stress and/or trauma.
7. Receiving a Certificate of Authorization in in Module 100.
8. You receive the Intellectual Property upon authorization with permission to train/coach in your community. Intellectual Property must be renewed every 3 years for a standard fee.
9. You are eligible to become authorized in future modules.

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