



Steps to Achieve Authorization

Purpose: The purpose of the Training of Trainer Institute for Trauma-Responsive Authorization (ToT-TRIA) apprentice program is to help individuals develop a deeper knowledge related to trauma informed, responsive and resilience building practices for educators and to be ready to train providers in the future once they are authorized in Module 100. This intensive apprenticeship program is to support an individual to become authorized and to be able to support other providers in learning the foundations and strategies of trauma-responsive and resilience building practices in educational settings.

Overall Activities: Apprentices will participate in a series of trainings, activities and meetings designed to learn the content of module 100 and deepen their understanding and ability to train to the key trauma related concepts. Their Center for Optimal Brain Integration® mentor will lead the apprentices through a process that includes formal instruction, reflective conversation and experiential activities to become ready to independently train on the module. There will be several ToT (Training of Trainer) meetings, independent assignments such as reading and self-recorded practice, all with the intention of deepening knowledge about trauma and key resilience building strategies.

This apprenticeship includes heavy content that may be triggering emotionally for some. It is recommended that you apply if you have not experienced any recent traumatic events and that you have done enough personal work to feel grounded and prepared to create a safe space for yourself and others. Authorization is NOT guaranteed. All activities are virtual.

Apprentice Trainers Activities:

1. Attend 8 4-hour Training of Trainer (ToT) meetings.
2. Observe the full day of Module 100 provided by the mentor trainer on TEACHABLE platform.
3. Read assigned book reading and complete one reading reflection on each chapter using a template provided.
4. Apprentice at the end of cohort trains on the full day Module 100.
5. Apprentice self-records slide assignments outside of the meeting on zoom for viewing at each ToT meeting
6. 1-Hour phone meeting with mentor trainer for technical support (average of 30 minutes before and 30 minutes after training on Module 100).
7. Apprentice trainer Self-Reflection Form on the end of the cohort presentation on Module 100 capstone project.

Benefits of Authorization

1. You can train/coach on Module 100 for your organization as an employee or independently as a consultant and/or independent contractor.
2. You receive monthly Trainer Video TIPS (Trauma Informed Practices) from the Center for Optimal Brain Integration®.



STAGES OF TRAINER AUTHORIZATION

3. You have access to technical support from COBI after authorization.
4. You are eligible to become authorized in other modules by COBI in the future. Module 100 is a pre-requisite to the other modules in the series.
5. You will become a part of a national cohort authorized to train in trauma-responsive and resilience building practices.
6. Most importantly, you will have the knowledge and foundation required to support others AND to help so many in your community by spreading the light of healing and hope to those who have lost their voice and that have been adversely impacted by toxic stress and/or trauma.
7. Receiving a Certificate of Authorization and an email badge of authorization in in Module 100.
8. You receive the Intellectual Property upon authorization with permission to train/coach in your community. Intellectual Property must be renewed every 3 years for a standard fee.
9. You are eligible to become authorized in future modules.

Questions contact Julie Kurtz, CEO and Founder at optimalbrainintegration@gmail.com

Description of the All Day (6-8 hour)Module 100 for Authorization:

Trauma-Responsive and Resilience-Building Practices for Educators provides a foundational overview on the neurobiology of trauma, the impact of toxic stress on a child and adult and introduces the science of resilience and neuroplasticity. Participants will walk away understanding the difference between a challenging behavior and trauma trigger. The training will guide educators working with children to understand trauma as well as its impact on young children’s brains, behavior, learning, and development. The training introduces a range of trauma-responsive and resilience building practices they can use in their education programs to create strength-based environments that support children’s health, healing, and resiliency.

Required Reading for Early Childhood Cohorts: Nicholson, Perez and Kurtz: Trauma Informed Practices for Early Childhood Educators: Relationship-Based Approaches that Support Healing and Build Resilience in Young Children **EDITION 2** (Amazon/Kindle).

Required Reading for K-12 Cohorts: Reducing Stress in Schools: Restoring Connection and Community by Mathew Portell, Tyisha Noise, Ingrid Cockhren, Julie Kurtz, Julie Nicholson (Amazon or Harvard Education Press).